

August 1, 2026 Temple Beth Am
Shabbat Minyan

Asher Yatzar

Dan Nichols

I thank you for my life, body and soul
Help me realize I am beautiful and whole
I'm perfect the way I am and a little broken
too
I will live each day as a gift I give to you.
Whoa...

Baruch atah, Adonai,
Rofei chol basar umafla laasot.
x2
Whoa...

**Ahavah Rabbah - How Deeply You Have
Loved Us**

Elana Arian & Noah Aronson

Ahavah rabbah...
Ahavah rabbah ahavtanu....
How deeply You have loved us...
Adonah Eloheinu...

Modim Anachnu Lach

Rachelle Nelson

Modim anachnu lach
You are our God, Rock of our life;
Modim anachnu lach
You are our God, Shield of salvation;

CHORUS

Forever and ever,
Modim anachnu lach
Forever,
Morning, noon, and night
Modim anachnu lach

Modim anachnu lach

We sing your praises x2
Modim anachnu lach
Compassionate one, merciful Lord;

CHORUS

Our lives are in your hands,
Our souls are in your keeping;
your miracles surround us day by day
Our lives are in your hands,
Our souls are in your keeping,
Your never ending love has always,
Never ending love has been our hope.

We will never stop praising your name. X3

Brave

Sara Bareilles & Jack Antonoff

You can be amazing
You can turn a phrase into a weapon or a
drug
You can be the outcast
Or be the backlash of somebody's lack of
love
Or you can start speaking up

Nothing's gonna hurt you the way that
words do
When they settle 'neath your skin
Kept on the inside and no sunlight
Sometimes a shadow wins
But I wonder what would happen if you

CHORUS:

Say what you wanna say
And let the words fall out
Honestly I wanna see you be brave
x2

I just wanna see you x2
I wanna see you be brave
x2

Everybody's been there,
everybody's been stared down

By the enemy
Fallen for the fear
and done some disappearing
Bow down to the mighty
But don't run, stop holding your tongue
Maybe there's a way
out of the cage where you live
Maybe one of these days
you can let the light in
Show me how big your brave is
CHORUS

Innocence, your history of silence
Won't do you any good
Did you think it would?
Let your words be anything but empty
Why don't you tell them the truth?
CHORUS

I just wanna see you x3
I wanna see you be brave
X2

Prayer for Healing

Todd Herzog

Call and Response:

Dear God of our ancestors
Help us renew our faith
Grant us a perfect healing
Bring peace to all our days

El na refana la, refana lanu x2

Restore our strength of body
Help clarify our minds
Refresh our tired spirits
Rejuvenate our light

El na refana la, refana lanu x2

Thank you for all these blessings
Throughout our days and nights
We celebrate the journey
This precious gift of life

El na refana la, refana lanu x2

Adon Olam /

Can't Take My Eyes Off Of You

Bob Crewe and Bob Gaudio

The text to Adon Olam is found on page 321.

I love you, baby, and if it's quite all right,
I need you, baby, to warm the lonely night.
I love you baby, trust in me when I say:

Oh pretty baby, don't bring me down, I pray.
Oh pretty baby, now that I've found you,
stay,
And let me love you, baby.
Let me love you tonight!