

Haazinu 5786

Torah Temimah on Deuteronomy 32:47

If it comes as empty, that's from you.

Bavli Yoma 81b

It was taught in the Mishna: If one ate food that is not fit for eating, he is exempt. Rava said: If one chews raw pepper on Yom Kippur, he is exempt, since this is not considered eating. Similarly, if one chews ginger [*zangvila*] on Yom Kippur, he is exempt.

Bavli Berachot 36b

The question arose with regard to the blessing over peppers. Rav Sheshet said: One who eats peppers must recite: By Whose word all things came to be. Rava said: One need not recite a blessing at all. This is consistent with Rava's opinion that eating peppers is not considered eating, as Rava said: One who chews on peppers on Yom Kippur is exempt, one who chews on ginger on Yom Kippur is exempt. Eating sharp spices is an uncommon practice, and is therefore not considered to be eating, which is prohibited by Torah law on Yom Kippur.

Rambam, Hilchot Shvitat Asur 2:5

When a person eats foods that are not fit for human consumption - e.g., bitter herbs or foul-tasting syrups - or drinks liquids that are not fit to be drunk - e.g., fish brine, pickle brine or undiluted vinegar - he is not liable for *karet* even if he eats or drinks a substantial amount. He should, however, be given "stripes for rebellion."

Shulchan Aruch, Orach Chaim 612:7

One who eats the leaves of reeds is free (from punishment) and the sprouts of grape-vine that blossomed before Rosh HaShanah are free (from punishment when eaten) for they are merely wood, but if they budded (in the Land of Israel) between Rosh HaShanah and Yom Kippur, one is guilty (of punishment for eating them).

Mishnah Berurah, Orach Chaim 612:7

From Rosh Hashanah to Yom Kippur: At that stage they are soft and fit for eating.

Jonah 4:5-6

5) Now Jonah had left the city and found a place east of the city. He made a booth there and sat under it in the shade, until he should see what happened to the city.

6) The ETERNAL God provided a ricinus plant, which grew up over Jonah, to provide shade for his head and save him from discomfort. Jonah was very happy about the plant.

Metzudat David, Jonah 4:6

Things that are rooted in humans wither away. Things that nourish from the Ribono shel olam last forever.

Rambam, Hilchot Yesodei HaTorah 1:1

The foundation of all foundations and the pillar of wisdom is to know that there is a Primary Being who brought into being all existence. All the beings of the heavens, the earth, and what is between them came into existence only from the truth of His being.

Pirke Avot 6:7

Great is Torah for it gives life to those that practice it, in this world, and in the world to come, As it is said: "For they are life unto those that find them, and health to all their flesh" (Proverbs 4:22), And it says: "It will be a cure for your navel and marrow for your bones" (ibid. 3:8) And it says: "She is a tree of life to those that grasp her, and whoever holds onto her is happy."