

07.19.2025  
**TBAM Shabbat Minyan**

**I Am Woman**

Helen Reddy

I am woman, hear me roar  
In numbers too big to ignore  
And I know too much to go back an' pretend  
'Cause I've heard it all before  
And I've been down there on the floor  
No one's ever gonna keep me down again

**CHORUS**

Oh yes I am wise  
But it's wisdom born of pain  
Yes, I've paid the price  
But look how much I gained  
If I have to, I can do anything  
I am strong (strong)  
I am invincible (invincible)  
I am woman

You can bend but never break me  
'Cause it only serves to make me  
More determined to achieve my final goal  
And I come back even stronger  
Not a novice any longer  
'Cause you've deepened the conviction in  
my soul

**(CHORUS)**

I am woman watch me grow  
See me standing toe to toe  
As I spread my lovin' arms across the land  
But I'm still an embryo  
With a long long way to go  
Until I make my brother understand

**(CHORUS)**

Oh, I am woman  
I am invincible  
I am strong  
I am woman

**Ashrei**

Peri Smilow

Ashrei yoshvei veitecha od y'hal'lucha selah

Ashrei, ashrei, ashrei yoshvei veitecha.

Happy are those who dwell in your house.  
They will sing Your praises forever.  
אֲשֶׁרֵי יוֹשְׁבֵי בֵּיתְךָ, עוֹד יְהַלְלוּךָ שְׁלָה

**Modim Anachnu Lach**

Rachelle Nelson

Modim anachnu lach  
You are our God, Rock of our life;  
Modim anachnu lach  
You are our God, Shield of salvation;

**CHORUS**

Forever and ever,  
Modim anachnu lach  
Forever,  
Morning, noon, and night  
Modim anachnu lach

Modim anachnu lach  
We sing your praises x2  
Modim anachnu lach  
Compassionate one, merciful Lord;

**CHORUS**

Our lives are in your hands,  
Our souls are in your keeping;  
your miracles surround us day by day  
Our lives are in your hands,  
Our souls are in your keeping,  
Your never ending love has always,  
Never ending love has been our hope.

We will never stop praising your name. X3

## **Mi Shebeirach**

Dan Singer

Mi shebeirach avoteinu,  
Mi shebeirach imoteinu.  
Heal us and heal our world  
x2

We pray for health and healing  
Of body and spirit and mind,  
And for all who suffer,  
May their pain go away in good time.

Mi shebeirach avoteinu,  
Mi shebeirach imoteinu.  
Heal us and heal our world